

Our mental health should be considered as important as our body's.

Recent tragedies have shown us the danger of tabloid magazines using lies, gossip and mentally abusive content to sell copies.

Stick these warnings on publications seeking to exploit, shame and profit from mentally harmful content.

Let's hold them accountable by making these warnings real.

Sign the petition: <http://chnng.it/vxwBZ6pMyF>

**Full of harmful  
and toxic messages**

**Stopping reading reduces the risk  
of fatal mental health issues**

**Reading this can harm  
those most vulnerable**

**Reading lies exploits  
the most vulnerable**

**Contains stories seriously  
damaging to mental health**